

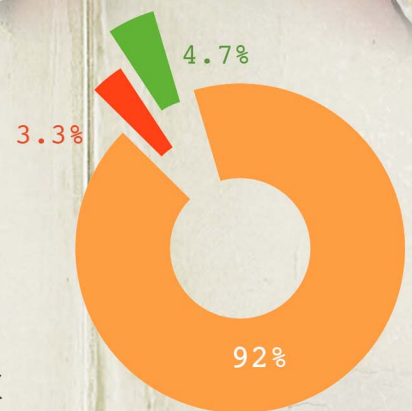
E3 impact in 2023

E3 partners directly supported over 42,410 people and impacted the lives of over 184,760 others.

Total income: £354,461
Total expenditure: £425,799

- Charitable activities: £391,629
- Cost of generating voluntary income: £20,017
- Governance costs: £14,153

92% of expenditure was spent on our charitable activities and 8% on the organisational running costs of the charity (marketing, fundraising, administration and governance costs, which include accounting, auditing, travel to board meetings and trustee travel for monitoring and evaluation). These functions are essential for the effective and sustainable operation of our charity.



In 2023, E3 worked with 32 partner projects. It is a privilege to work with such faithful, resilient and servant-hearted people. They work in such a difficult context because their resources are so limited, but the needs around them are so extreme. It is inspiring to see how the support that E3 provides makes such a profound difference in their communities. Sinatra Matimelo (E3 CEO) continues to meet with each partner at least twice a year, virtually or in person, to encourage, support and monitor project progress, as well as running training workshops and facilitating networking between our partners.

Thank you so much for your prayers and donations!
We cannot do this life-giving work without your support!

Thank you!

How we help – the activities we support are broad because we empower our partners to meet the specific needs of their communities rather than bringing our own development agenda. Each community has its own priorities and responses:

- > Training for church and community leaders
- > Microfinance & self-help groups
- > HIV & AIDS support
- > Back to School programme
- > Advocacy against gender-based violence
- > Advocacy against substance abuse and addiction
- > Prison ministry
- > ***NEW*** Refugee support services – this is increasingly important to help refugees affected by trauma, xenophobia and poverty through counselling, advocacy and workshops on how to seek asylum, integration into the local community and reconciliation and conflict resolution between refugees from different regions.

Where?

- > South Africa
- > Zambia
- > Malawi
- > Zimbabwe
- > Lesotho



Pastor training – the multiplier effect

Pastors and other community leaders have firsthand knowledge of the poverty, context and cultural norms in their communities. We work closely with them so we can understand local needs and empower them to find the best sustainable solutions. Empowering people to find effective ways to escape the cycle of poverty themselves brings dignity and independence from outside help and handouts.

Churches in Africa are present in every community and form part of the lifestyle of the people because the Christian faith is woven into every part of life. Both traditional and church leaders are held in high regard in African societies. Our training helps to ensure that values and norms are based on the Word of God and biblical social justice. Sometimes that means challenging cultural norms and behaviours, for example our messages against gender-based violence and the negative effects of patriarchal practices.

When we train one pastor, we train 50+ other people as the teaching flows out to congregations and communities. It is powerful and life changing as two pastors from Ingwavuma, South Africa, can confirm:

“I am happy to be the part of the class and I see God in a different way now. I have changed so many things in my church because of the knowledge I got here, and I can feel the Holy Spirit leading me in my life. I really thank God for these classes.”

“I promise not to beat you again my wife. I repent in front of these people ... I know you are an anointed woman. You deserve a better husband than me. I was jealous that you perform God’s work better than me and people are talking about you and God, not me. But from now on I will support you. Thank you for opening our eyes.”

As well as training and conferences, E3 has set up “Pastors Connect” networks in South Africa, Zambia and Zimbabwe so pastors can train together, support, encourage and learn from each other and collaborate on income-generating activities to help support their families while they serve in the church.



20-year partnership transforms a community

E3 has partnered with Isibani Sethemba in Ingwavuma, South Africa, since 2004. Over the years, we have helped through prayer, training, grants and practical projects. Isibani Sethemba identifies the most pressing needs and E3 helps empower local people to respond in sustainable ways.



Our work together includes:

- > Agricultural activities to improve the availability of nutritious food and people's health.
- > Support for orphaned and vulnerable children to attend school by providing uniforms and shoes and Life Skills workshops.
- > Pastor training and income-generation projects to encourage collaboration and improve livelihoods for pastors and their families.
- > Marriage strengthening workshops to protect families and speak out on gender-based violence.
- > Empowering local women to expand their sewing business to make school uniforms. E3 recently funded a computerised embroidery machine and laptop. Part of the profit from the uniform sales and embroidery service is used to support orphaned and vulnerable children.



And the gift of clean water project

In late 2022, E3 embarked on a relatively big project for us – Isibani Sethemba asked us to help improve the water situation in a drought-stricken area where there was no water supply. Families drank from the same stream as animals, and many walked long distances to carry the dirty water home.

"We never knew this day would come; having a borehole in our community. We prayed that God would help us with clean water and many organisations promised to help us but never did. We walked a long way to fetch water from the river, down the mountain. It was particularly difficult for older people. Now we have water on our doorstep. Thank you so much for the borehole."

Nkanini Community leader, Pastor Nkomo

"We were tired of drinking water from the same dam as our domesticated animals. We are now drinking clean water and our health clinic reports that the number of people being treated for running stomach has reduced."

Chief Nduna Mpontshane

"Today, we are witnesses of the miracle of God. Water is life and God has brought back life in our community. We prayed for water and many years passed without a proper supply. But now through E3, God has answered our prayers. We have two large farms with water pumped from the river and effective irrigation. The farms grow corn and vegetables, which are consumed by the farmers' families, provided to the sick and frail and the surplus is sold for a profit."

Bishop Ndlazi



Helping our partners become more sustainable

E3's dream is for our partner projects to begin to self-fund parts of their work through income-generating activities and local support. Some may even become completely self-sustaining, depending on their context and the potential in their community. E3 provides interest-free loans to help partners start a business.

Independence from outside help gives dignity to all involved and shows that a community can stand on its own two feet and escape the cycle of poverty. It also means the projects are protected from changes in funding in the future.

Over the past few years, E3 interest-free sustainability loans have enabled our partners to set up a range of businesses ...



Mobile Mission Maintenance Zambia (MMMZ) built a cafeteria.

Results: earning a good income as a café for students and venue for church retreats.

Wider impact: MMMZ used some of the profits together with an E3 grant to enable 100 women in Ibenga to learn tailoring or start agricultural and pig farming businesses. The women had no hope or purpose in life, but now they are respected, full of hope and their dignity has been restored.



Mountaineers for Christ (MFC) in Lesotho drilled a borehole for fresh water.

Results: providing water for the school, boarding home, church and offices and the savings on water bills repaid the loan.

Wider impact: This is the first step towards MFC's dream of setting up a water bottling business, which will generate a sustainable income to help run the ministry.



Zimele Wethu bought a flat for student rental in Pietermaritzburg, South Africa.

Results: earning a good income from the rental.

Wider impact: The profit helps pay travel costs for staff visiting self-help groups across rural communities in KwaZulu-Natal Province. It's a huge area so travel costs are high.



King's Community Projects (KCP) offered loans to individuals in Pietermaritzburg, South Africa.

Results: KCP's ministry benefited by charging 10% interest on the loans.

Wider impact: One beneficiary used his loan to contribute to a borehole, so his family now has access to fresh water. Another was able to pay for her son to go abroad for a professional sport opportunity and now he has been hired in the UK! Others used the loan for education fees.



Abrina Esther House domestic abuse shelter boosted its cake and perfume businesses.

Results: now generating more profit to help fund the shelter.

Wider impact: Pays for travel costs to court and hospital visits, community meetings to raise awareness about abuse and applications for protection orders. The businesses also provide skills training for the women at the shelter so they can earn money and be independent when they leave.

Back to School helps children thrive

In 2023, E3 supported 9,310 children through Back to School. The impact we see is so exciting and encouraging...



"We have been monitoring attendance, grades, and behaviour and have noticed that Back to School students have increased attendance, academic performance, and are more confident and engaged in school. We have also started a chess club to enhance critical reasoning, problem-solving and strategic thinking. It has also fostered a sense of competition and team spirit among participating students."

Kate Johnson, Project Leader at Key Ministry.



Peter | Age 14 | Grade 9

"I live with my siblings and grandmother, who does her best to support me to succeed. Thank you for Life Skills – now I am planning for my future and know I need to be careful to make the right choices because I am the one that will build my life and not my friends. This year I received an award for improving in English. I want to be a doctor to help sick people to get better."



Sarah | 13 years old | Grade 6

"I want to be a teacher so I can teach the next generation so they can have a brighter future and escape the problem of being poor. I enjoy Environment Club and being part of the garden project. We learn the importance of eating veggies for our health. Thanks to the uniform, I feel confident now at school and I enjoy going every day."



Thelma | 17 years old | Grade 11

"My goal is to become a social worker so that I can help young people who are like me. I want to thank E3 for sticking with me even though I got pregnant. I promise that I will give it my all this year just as I did last year. I am grateful to be able to return to school to complete my exams and achieve my dreams."

Thelma's mother says:

"Despite going into labour and leaving the exam early to have her baby, Thelma answered the majority of the questions and successfully completed her third exam. She went back to school the following day to complete her Grade 11 exams and did very well!"





Setting their sights on university

Some of the young people E3 supports finished Grade 12 in December 2023. E3 is enabling them to go on to university so they can escape the cycle of poverty, achieve their career dreams and support their families. Most children who complete school in rural communities stay at home after high school because they do not have access to information about universities and colleges in the city and have no idea where to begin.

E3, in partnership with the University of KwaZulu-Natal access programme, has started an initiative to bring university lecturers to rural schools to explain applications, bursaries and why it is important to continue education. We hosted several workshops last year, which were attended by 830 young people. The universities are happy to work with us on this in the coming years.

South African students living in poverty and meeting the entry requirements are eligible for full bursaries, but they need to pay a £218 registration fee each year, which is unaffordable, so they miss out on higher education. That's why E3 is paying the registration fee for 15 young people in 2024 and we hope to support more in the future.



Helen is in her third year at university studying Geography and Town Planning at the University of KwaZulu-Natal. If E3 had not paid her registration fee each year, she would not have been able to study.

"Being at university is one of my great achievements. I'm thankful for people like you who always check on me and see how I'm coping. I am doing my best and passing all my modules. I want to be a Town Planner. I also play soccer and was selected for the university team. Thank you so much."



More about university support:
<https://e3initiative.org/post-school-support>



Outcomes for 2023

How we used your donations



- >> The number of people we impacted directly: **42,410**
- >> The number of people we impacted indirectly: **184,760**
- >> Fundraised to support E3's work in 2023. Target: **£330,000** Actual: **£354,461**

Leaders' training

- ▶ Trained **1,370** leaders, including church pastors, traditional leaders and political leaders. Topics included Gender-based Violence, Church Leadership, Marriage and HIV and AIDS.

Support for orphaned and vulnerable children

- ▶ Supported **9,310** children with school uniforms, nutritious meals, psychosocial support, Life Skills, sanitary pads and pre-school provision through E3's Back to School programme.

HIV and AIDS support

- ▶ Supported **7,300** people living with or affected by HIV and AIDS, through education about HIV, testing and counselling, medication and adherence to treatment, health clinics and support groups.

Improving livelihoods

- ▶ Enabled **5,260** people to earn a living through microfinance and self-help groups, including training, credit-savings schemes and agricultural projects.

Advocacy against sexual and gender-based violence (GBV)

- ▶ Reached **7,490** adults and children through workshops in schools and community halls, encouraging them to speak out about GBV and helping communities support those who have been affected.

Advocacy against substance abuse and addiction

- ▶ Facilitated workshops in 6 schools and provided meals and counselling to addicts living on the streets, reaching **7,110** adults and children.

Prison ministry

- ▶ Ministered to **4,570** inmates at maximum security prisons in Zambia, Malawi and Lesotho, sharing God's word and supplying toiletries, food and Christian literature.



Objectives for 2024

- ▶ To directly impact the lives of **44,740** adults and children and indirectly impact over **198,000** others.
- ▶ To fundraise **£330,000** to fund E3's work in 2025.
- ▶ To continue helping E3 partners start and run initiatives that ensure sustainability in the future, including our loans programme.



Leaders' training and economic empowerment

- ▶ To run leadership training on gender-based violence, economic empowerment and marriage for **1,520** church and community leaders, who will in turn influence an average of 45 people each (so around **68,400** church members and community people in total).

Supporting orphaned and vulnerable children

- ▶ To support **9,780** children with school uniforms, meals, psychosocial support, Life Skills, sanitary pads, preschool provision and university fees through E3's Back to School programme.

HIV and AIDS support

- ▶ To provide HIV support to **8,230** people living with or affected by HIV and AIDS, through education about HIV, counselling and testing, medication and adherence to treatment, support groups and health clinics.

Improving livelihoods

- ▶ To support **6,410** people through microfinance and self-help groups, including training, credit-savings schemes and agricultural projects.

Advocacy against sexual and gender-based violence (GBV)

- ▶ To reach **6,500** adults and children through workshops to create awareness, break the silence on sexual and gender-based violence and help support those affected.

Advocacy against substance abuse and addiction

- ▶ To facilitate workshops in 7 schools and provide meals and counselling to addicts living on the streets of Bulawayo, Zimbabwe and Pietermaritzburg, South Africa, reaching **7,200** people.

Prison ministry

- ▶ To minister to **5,100** inmates at maximum security prisons in Zambia and Lesotho, sharing God's word and supplying toiletries, food and Christian literature.

